

BIG IDEAS

Growth as a dancer requires **risk taking**, perseverance, resilience, and reflection.

The rehearsal and performance processes of a **dance company** offer ways of exploring our identity and sense of belonging.

Choreographic works communicate ideas, emotions, and perspectives through movement, sound, costumes, lights, and set design.

Artistic choices communicate the choreographer's intent.

Learning Standards

Curricular Competencies	Content
<p><i>Students are expected to be able to do the following:</i></p> <p>Explore and create</p> <ul style="list-style-type: none"> • Rehearse and perform choreographic works using a variety of dance elements, skills, and techniques from historical and contemporary cultures • Create, rehearse, refine, and perform with a dance company for a variety of purposes and contexts • Develop an articulate body as an instrument of expression • Explore the interplay of movement, sound, image, and form to convey meaning in dance • Apply anatomically and developmentally sound movement principles • Express a range of ideas, intents, and emotions through dance • Recall, rehearse, and perform movement phrases both collaboratively and as an individual • Explore the influences of context on a dance technique, genre, or style • Take creative risks to develop as a dance artist and express choreographic intent • Consider audience, venue, and place while composing, rehearsing, and performing • Engage physically and mentally to prepare for and recover from rehearsals and performances • Engage in rehearsal and performance processes with a variety of choreographers <p>Reason and reflect</p> <ul style="list-style-type: none"> • Use the language of dance to describe, interpret, and analyze dance works • Work co-operatively and collaboratively with an ensemble in rehearsal and performance • Reflect on rehearsal and performance experiences • Apply constructive feedback on rehearsal and performance skills • Demonstrate an awareness of self, audience, and others during rehearsals and performances 	<p><i>Students are expected to know the following:</i></p> <ul style="list-style-type: none"> • roles and responsibilities within a dance company • rehearsal and performance skills • technical and expressive skills • stage etiquette • elements of dance • techniques and movement principles • compositional skills, forms, and structures • choreographic devices • principles of design • kinesthetic and spatial awareness • safety protocols • dance notation • contributions of key dance innovators in specific genres, contexts, periods, and cultures • traditional and contemporary First Peoples worldviews and cross-cultural perspectives communicated through movement and dance • ethics of cultural appropriation and plagiarism

Learning Standards (continued)

Curricular Competencies	Content
<p>Communicate and document</p> <ul style="list-style-type: none"> • Use technical vocabulary to describe, document, and respond critically to rehearsals, compositions, and performances • Communicate ideas and emotions related to the choreographer’s intent <p>Connect and expand</p> <ul style="list-style-type: none"> • Demonstrate personal and social responsibility associated with creating, performing, and responding to dance, including movement, music, thematic, and costume choices • Explore educational, personal, and professional opportunities in dance or related fields • Explore First Peoples perspectives and knowledge, other ways of knowing, and local cultural knowledge to gain understanding through movement and dance • Connect with local issues and communities through dance • Consider personal safety, injury prevention, and physical health when planning, rehearsing, and performing choreography 	