

BIG IDEAS

Growth as a dancer requires perseverance, resilience, and risk taking.

Dancers collaborate through critical reflection, creative co-operation, and the exchange of ideas.

Dancers can enhance their technique and skills with experience in a variety of genres or through specialization.

Dance is an art form that combines the **language of dance** with the ability to create and perform.

Aesthetic experiences have the power to transform our perspective.

Learning Standards

Curricular Competencies	Content
<p><i>Students are expected to be able to do the following:</i></p> <p>Explore and create</p> <ul style="list-style-type: none"> • Demonstrate kinesthetic awareness of dance elements and techniques • Explore specific or a variety of genres or styles from historical and contemporary cultures • Develop and refine an articulate and expressive body through the application of anatomically and developmentally sound movement principles • Explore the relationship between body conditioning and somatic approaches to technical and expressive skills • Explore the interplay of movement, sound, image, and form used to convey meaning • Express a range of meanings, intents, and emotions • Select and combine dance elements and technical skills to intentionally convey a particular mood, meaning, or purpose • Improvise to enhance technical concepts • Perform simple and complex movement phrases in large-group, small-group, and solo contexts • Consider audience and venue when composing, rehearsing, and performing <p>Reason and reflect</p> <ul style="list-style-type: none"> • Describe, analyze, interpret, and evaluate dance techniques and artistic works using dance-specific language 	<p><i>Students are expected to know the following:</i></p> <ul style="list-style-type: none"> • elements of dance • technical skills specific to a technique, genre, or style • anatomically and developmentally sound movement principles • kinesthetic and spatial awareness • bones, muscles, and joints • safety protocols • rehearsal and performance skills • dance notation • the role of dancers, choreographers, and audiences in a variety of contexts • contributions of key dance innovators in specific genres, contexts, periods, and cultures • local, national, and intercultural performers and movements • traditional and contemporary First Peoples worldviews and cross-cultural perspectives communicated through movement and dance • history and theory of a dance technique, genre, or style • ethics of cultural appropriation and plagiarism

Learning Standards (continued)

Curricular Competencies	Content
<ul style="list-style-type: none"> • Refine dance concepts, technical skills, and performance • Reflect on rehearsal and performance experiences • Identify and apply constructive feedback to refine ideas and inspire innovation • Demonstrate awareness of personal and social responsibility toward self, others, audience, and place • Reflect on the influences of social, cultural, historical, political, and personal context on dance <p>Communicate and document</p> <ul style="list-style-type: none"> • Use technical vocabulary to describe, document, and respond critically to dance experiences and performances • Communicate and interpret ideas and emotions through dance • Use dance to communicate about and respond to local, regional, and national issues • Investigate cultural identity, perspectives, values, and emotions through dance <p>Connect and expand</p> <ul style="list-style-type: none"> • Demonstrate personal and social responsibility associated with creating, performing, and responding to dance, including movement, music, thematic, and costume choices • Explore First Peoples perspectives and knowledge, other ways of knowing, and local cultural knowledge to gain understanding through movement and dance • Explore educational, personal, and professional opportunities in dance or related fields • Make connections through dance with local, regional, and national issues and communities • Consider personal safety, injury prevention, and physical health when engaged in technical study, rehearsal, and performance 	