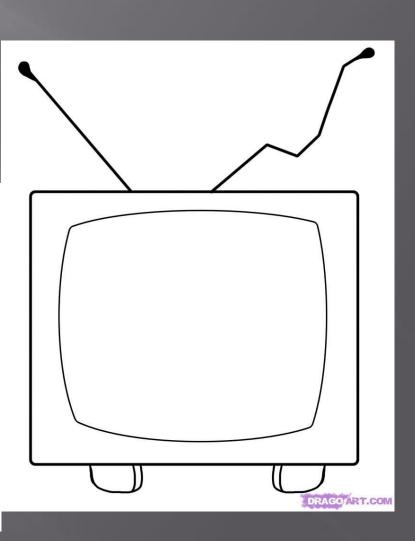
This How to Make Lochlyn.

Here is the ingredients to make me.

- -games -honesty -family
- -laziness -bravery -sports
- -hard work -realistic -Prince Rupert
- -TV -Gitxsan -school
- -fishing -Ts'msyen
- -loyalty -kindness

-a dash of laziness

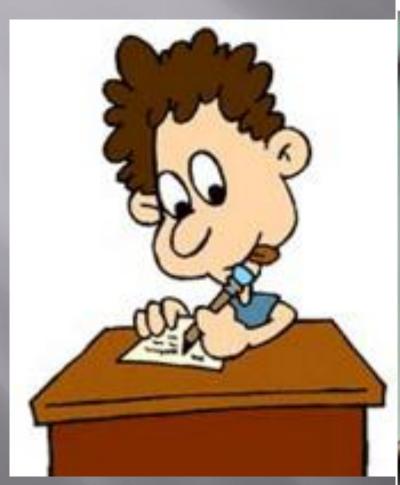




-a litre of fishing



-a cup of hard work





-a quarter of a cup of TV



a table spoon of games









-a litre honesty



-a cup of loyalty



-a table spoon of bravery



-a pinch of realistic



When you're up in life,
your friends get to
know who you are.
When you're down in life,
you get to know
who your friends are.

Realistic Life-

-half a cup of Gitxsan



-half a cup of Ts'msyen



mix a sixth of a cup of kindness



-add a cup of sports



-a slice of my family

My little sister.



-drop in a litre of Prince Rupert



-add a book in the school



THE END!!!!!!!!!!!

